



WAYS FOR LIFE MOST NEEDED ITEMS

Food

- Canned meats/fish
- Cooking oils/broths
- Pasta/Pasta Sauce
- Rice
- Ramen noodles
- Spaghetti O's/Chef Bardeen's
- Mac and Cheese
- Snacks
- Baked beans
- Boxed/Instant meal kits
- Condiments
- Jelly/Peanut Butter
- Baking ingredients
- Propel/gatorade/packets

Hygiene

- Shampoo / Conditioner
- Body wash / Hand soap
- Deodorant
- Toothpaste / Toothbrush
- Dish soap / Laundry Soap
- Multipurpose cleaner / Aerosol
- Disinfectant spray /
- Disinfectant wipes
- Washcloths / Loofahs
- Chapstick
- Baby wipes
- Floss
- Hairbrush

Household

- Sponges
- Plastic plate & cup sets (reusable)
- Silverware
- Cooking utensils (can opener, spatula, large spoon)
- M/FM new underwear & socks all sizes
- Drying dish racks & mat
- Laundry baskets
- Toasters
- Small pots/pans
- Coffee machine
- Brooms & dust pan
- Mops
- Garbage cans