



# LiftUp Life Skills Program

## PROGRAM SUMMARY

- Apply at [WAYSforLife.org/LiftUp-young-lives](https://WAYSforLife.org/LiftUp-young-lives)
- Meet Thursdays, 5:30 pm-7:30 pm – Dinner is served between 5:30-6 pm and you must be present. Students who are 15 minutes late will be counted as an absence.
- Two semesters, each 15 weeks and a 4-week Summer Series program (see the program dates at WAYSforLife.org). You will have the opportunity to evaluate and give feedback about your experience in class. Please be thoughtful in your responses and provide a complete sentence for each question.
- SUCCESS PILLARS: life skills, social connections, leadership, professionalism and financial literacy.
- WAYS for Life will review our policies for a successful graduation from LiftUp Life Skills. You will be given the policies and need to sign off that you understand and will comply.
- Semester 1: based on the SUCCESS FOR TEENS book with health and wellness, financial literacy, Auto 101, TAG for Success and Emotional Intelligence, classes and more! When you complete the first semester, there will be a celebration and you will receive a laptop computer.
- Semester 2: based on The LiftUp Wheel of Life, learn about and identify your basic human needs, creating a life plan around relationships, health, personal growth, and leadership, preparing for your career, contribution, fun and finances, Auto 102 and more! There are two required readings for personal growth as well as two community service projects required. Upon graduation of the LiftUp Life Skills program, you will receive a good used car! Students must be 18 to receive their car. Cars will be awarded within about 30 days of completing all course work and achieving your GED (exceptions will be made on a case-by-case basis).
- Two (2) Absences per semester are allowed. Students must make up the class work.

- You will be given a binder to hold all class materials. **YOU MUST BRING THIS BINDER TO ALL CLASSES.** The best way to learn and gain the most from the program is the effort and attention you put in. Take notes during the class and store each handout in your binder once class is completed.
- You are responsible to let the van driver know if you need a ride by Wednesday, 5 pm.
- You will be assigned a mentor and you must reach out when you have any questions about what you are learning, what you may need and return your mentors text and phone calls within 24 hours.
- You also must reply to the Director's text messages. Communication is very important!
- WAYS/LiftUp provides a letter to your employer to be sure you are not scheduled during the LiftUp program.
- You will be given some important information during the first class of WAYS/LiftUp, which the Director will review with you. There will be some documents you will need to sign and if under 18, your guardian or parent will need to sign as well.